



ROTARY CLUB OF KOLHAPUR

RI DISTRICT 3170

CLUB NO. : 15655

CHARTER NO. : 5685

ESTD ON : 01.11.1943

ROTARY HERALD

WEEKLY BULLETIN 2024-25



Rtn. Stephanie Urchick
Rotary International President



Rtn. Arunkumar Goenka
President



Rtn. Sahil Gandhi
Secretary



Rtn. Sharad Pai
District Governor (RID 3170)

ISSUE NO. 26

PUBLISH DATE : 30 DEC 2024

19 DEC 2024

HEALTH CHECK UP CAMP

RC Kolhapur conducted health check up camp for home guards of Kolhapur District. The camp took place at Home guard station of Kolhapur. 3 different check ups were conducted for the home guards. The checkups were bone density check up, eye check up and physiotherapy check up. Total 87 beneficiaries took the benefit of the camp. Rtn. Sahil Gandhi, Rtn. Abhijeet Hawal and Additional SP Jayashri Ma'am inaugurated the camp.



DECEMBER

PARKINSON'S SESSIONS

We conduct Parkinson's exercise sessions for the patients on every Saturday. On an average 22 patients attend these exercise sessions. 2-3 Rotarians are present per session. The session is conducted by doctors from RSSK.



15 DEC 2024

HYDROTHERAPY SESSIONS

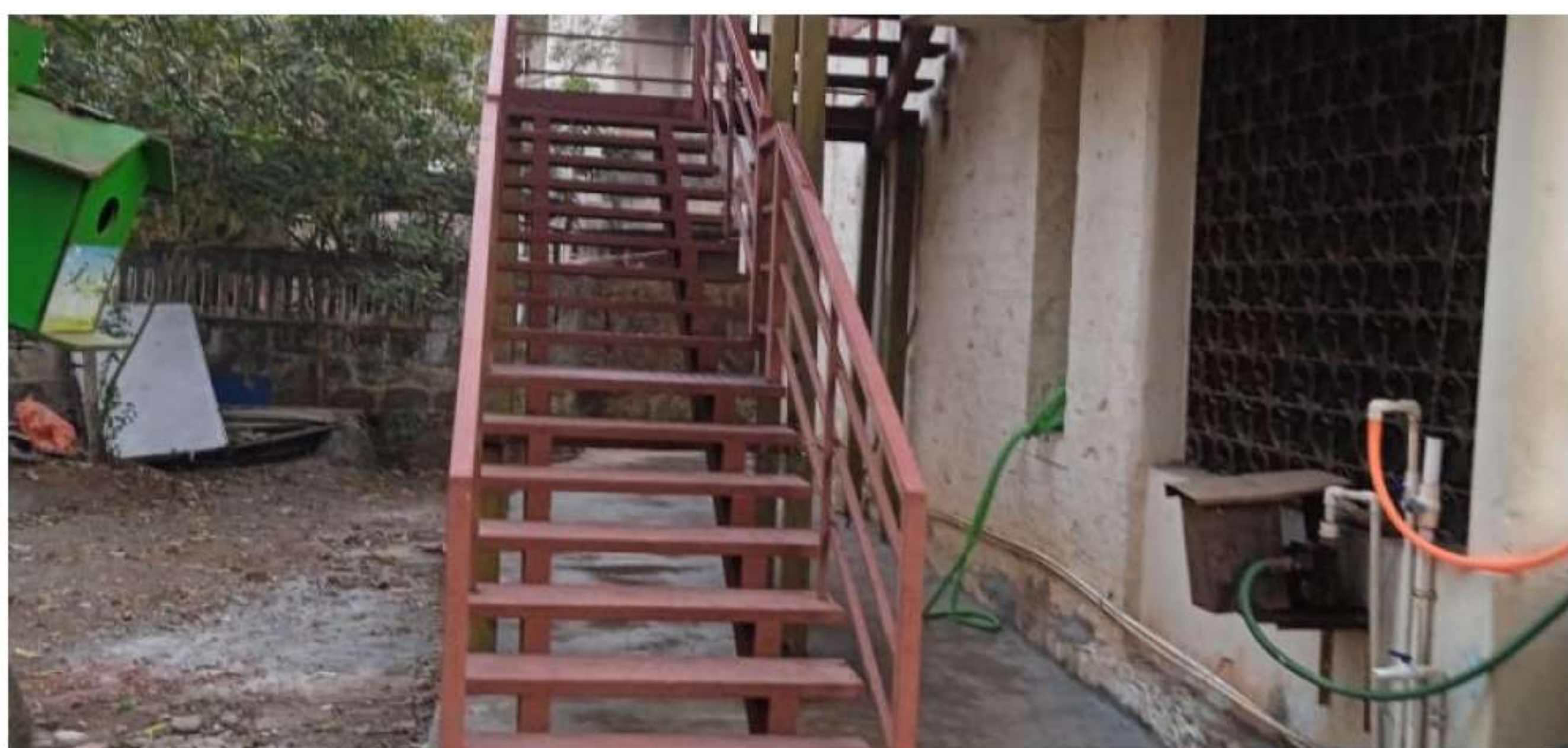
Various patients took the treatment for hydrotherapy at the RSSK Building. These therapy is done under the guidance of trained doctors. These doctors conduct the sessions and take the exercises according to the patients needs.



DECEMBER

NEW STAIRCASE AT KARNABADHIR SCHOOL

Karnabadhir school required a new staircase as students were finding it difficult to go around the old staircase. RC Kolhapur took the initiative and built the entire new staircase at the premises of the school. This has made students more comfortable to climb the stairs up and down. Rtn. Asif Tahsildar took the initiative in building the staircase.



25 DEC 2024

WEEKLY MEETING

The meeting began with Rtn. Narayan Patel adorning the collar to Rtn. Pradeep Pasmal. Rtn. Sahil announced the upcoming birthdays and anniversaries, followed by updates on upcoming club projects. Important club matters were discussed, ensuring active member engagement. Rtn. Avinash Raste won the Lucky Rotarian prize. The meeting concluded with a vote of thanks delivered by the secretary.



BOARD OF DIRECTORS FOR 2025-26



1. **President:** Rtn. Pradeep Karande
2. **Vice-President:** Rtn. Sahil Gandhi
3. **President Elect:** Rtn. Pradeep Pasmal
4. **Immediate Past President:** Rtn. Arunkumar Goenka
5. **Secretary:** Rtn. Nilesh S Kutte
6. **Joint Secretary:** Rtn. Harshad Dhale
7. **Treasurer:** Rtn. Abhijit Haval
8. **Sergeant at Arm 1:** Rtn. Narayan Patel
9. **Sergeant at Arm 2:** Rtn. Dr. Menghraj Chugh
10. **Club Service Director:** Rtn. Harshad Dhale
11. **Vocational Service Director:** Rtn. Mahadeo Mane
12. **Community Service Director:** Rtn. Shobha Arvind
13. **International Service Director:** Rtn. Sharad Totla
14. **Youth Service Director:** Rtn. Dhiraj Batheja

ACHIEVEMENTS

RTN. AMIT MATE RECEIVED BEST MSME AWARD FOR ADEPT CONSULTANTS

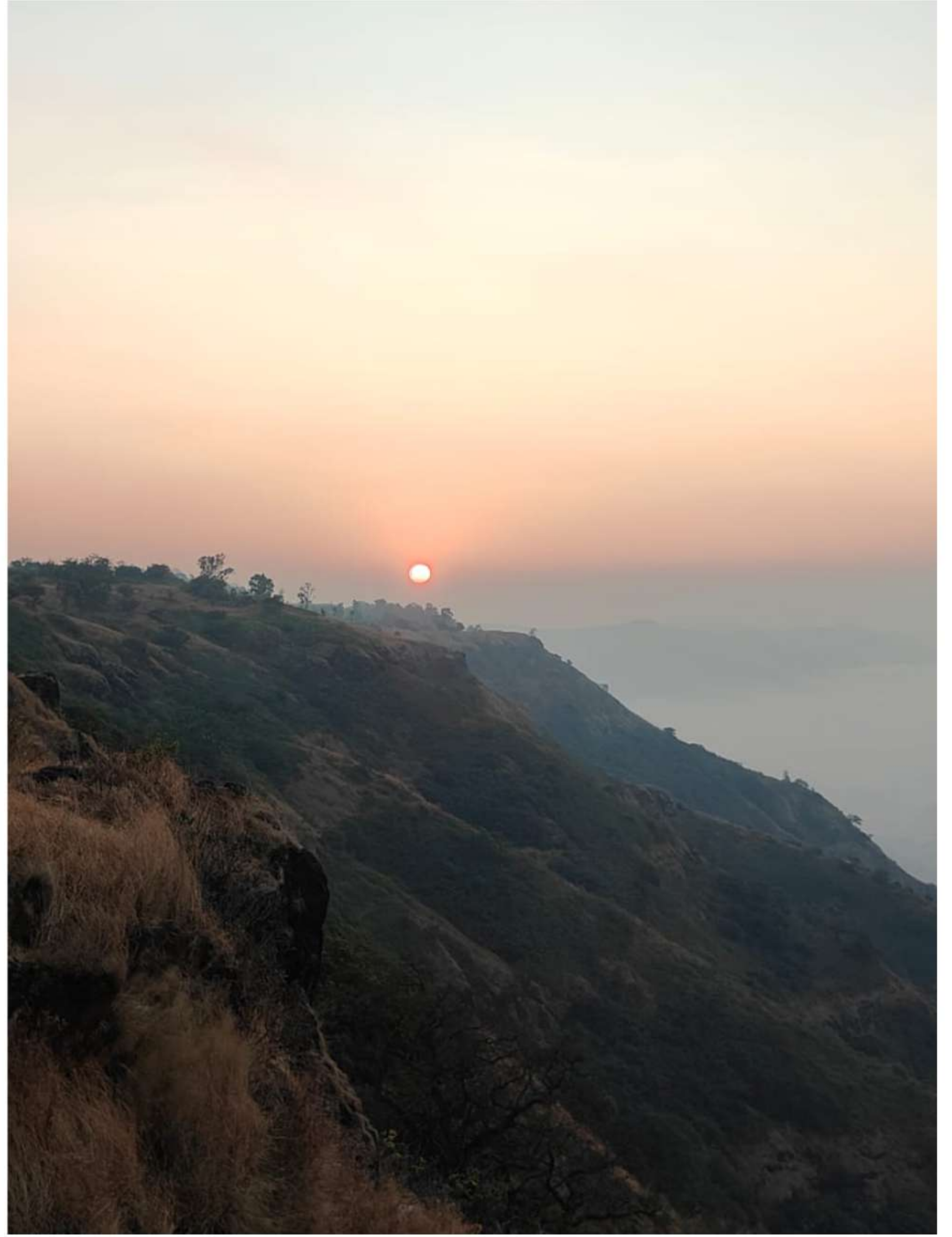
Amit Narendra Mate - Adept Consultants, Kolhapur has received Best MSME Award for Adept Consultants at the hands of Dr. Sharad Lande - Asst. Vice President - R&D - Reliance Industries Ltd. At India 5000 MSME Awards 2024 in the category of Technical Consultants and Valuers to Financial institutions, banks for the services of TEV Reports, LEI Reports, Valuation of assets and cost vetting of various industrial projects .The award is given at CIDCO Exhibition Centre, Vashi New Mumbai on 21st December 2024. The awards are organised by Benchmark Trust and supported by Bombay Stock Exchange and Indian Association of Industries.



PHOTOS OF THE WEEK



Rtn. Vijay Patki



Rtn. Upendra Deuskar



Rtn. Dr. Vaibhav Sasurkar



Rtn. Shobha Arvind

SONG OF MY HEART

मी जपलेले गाणे - अखेरचा हा तुला दंडवत

ती होती माझ्या बायकोची शेवटची रात्र. रात्री पासूनच उलटशांचा त्रास होत होता. अखेर औषधामुळे पहाटेपर्यंत उलटथा थांबल्या होत्या. तिने रात्री काहीच खाल्ले नव्हते, पहाटे थोडी राब खाण्याची तिची तयारी झाली. मी तिला चमच्याने काळजीपूर्वक खाऊ घालत होतो.



मला जाणवले कि, तिचे लक्ष खाण्यापेक्षा जास्ती मी तिला किती प्रेमाने खाऊ घालतोय इकडेच होते. मला जाणवले कि, ती मला आता अखेरचे समजून डोळे भरून पाहून घेत होती. त्यावेळी मला या मराठी गाण्याची आठवण झाली, कि, ती जणू म्हणते आहे....

हा अखेरचा तुला दंडवत, सोडून जाते गाव... तुझ्या शिवारी जगले, हसले, कडी कपारी अमृत प्याले, आता हे परि सारे सरले, उरलं मागं नाव, सोडून जाते गांव...

हाय सोडून जाते आता, ओढून नेली जैसी सीता, कुणी न उरला वाली आता, धरती देगं ठाव..सोडून जाते गाव...

अखेरचा हा तुला दंडवत.... SSS तुला दंडवत.... SSS तुला दंडवत.... SSS

(हे गाणे यु-ट्यूबवर ऐका, नक्की आवडेल)

दीपक शहा, कोल्हापूर

RECIPES

तांदूळ कण्या

साहित्य- एक भांडे बासमती तांदूळ आणि दाण्याचे कूट, मीठ, साखर, तूप, जिरे, मिरच्या, कोथिंबीर, तिखट पूड.

कृती- प्रथम तांदूळ कणी स्वच्छ धुऊन घ्यावी. गॅसवर कढईत थोडे तूप घालावे जिरे मिरच्यांचे तुकडे टाकावे. त्यात तांदूळ आणि टाकावी ,थोडा वेळ पाच मिनिटे परतावी. आणि त्यात पाणी घालून थोडं शिजवून घ्याव्यात. पण खूप मऊ होईपर्यंत शिजवू नये. त्यात साखर मीठ व दाण्याचे कूट थोडे तिखट घालावे कोथिंबीर घालावी. तांदूळ जरा जास्त शिजले तर गोळा व्हायची शक्यता असते म्हणून जेव्हा आपण खायला घेऊ तेव्हा मोकळ्या करून घ्याव्यात. ह्या कण्या अगदी साबुदाण्याच्या खिचडी सारख्या लागतात. या कण्या आम्ही नाष्टा म्हणून आठवड्यातून एकदा करतोच. याची रेसिपी मला माझ्या सासूबाईनी शिकवली आहे.

आरती रास्ते



BIRTHDAYS NEXT WEEK

29 DEC Rtn. Nitin Shinde
01 JAN Rtn. Madan Bhandari
02 JAN Rtn. Vilas N Deshpande



ROTARY CLUB OF KOLHAPUR'S
ROTARY SAMAJ SEVA KENDRA BUILDING

ANNIVERSARIES NEXT WEEK

30 DEC Rtn. Sandeep Dige & Ann Ujjwala
31 DEC Rtn. Girish Ghugare & Ann Shruti
03 JAN Rtn. Pratap Kondekar & Ann Pramila

NEXT MEETING

WEDNESDAY | 1 JAN 2025 | 05:30PM

GUEST SPEAKER



Rtn. Dr. Dayanand Deomore
Motivational Speaker

Subject: नवीन वर्षाच्या संकल्पना

Venue : Madhavprasad Goenka
Bhavan, Govind Gundesha Hall,
RSSK, Kolhapur

UPCOMING EVENTS

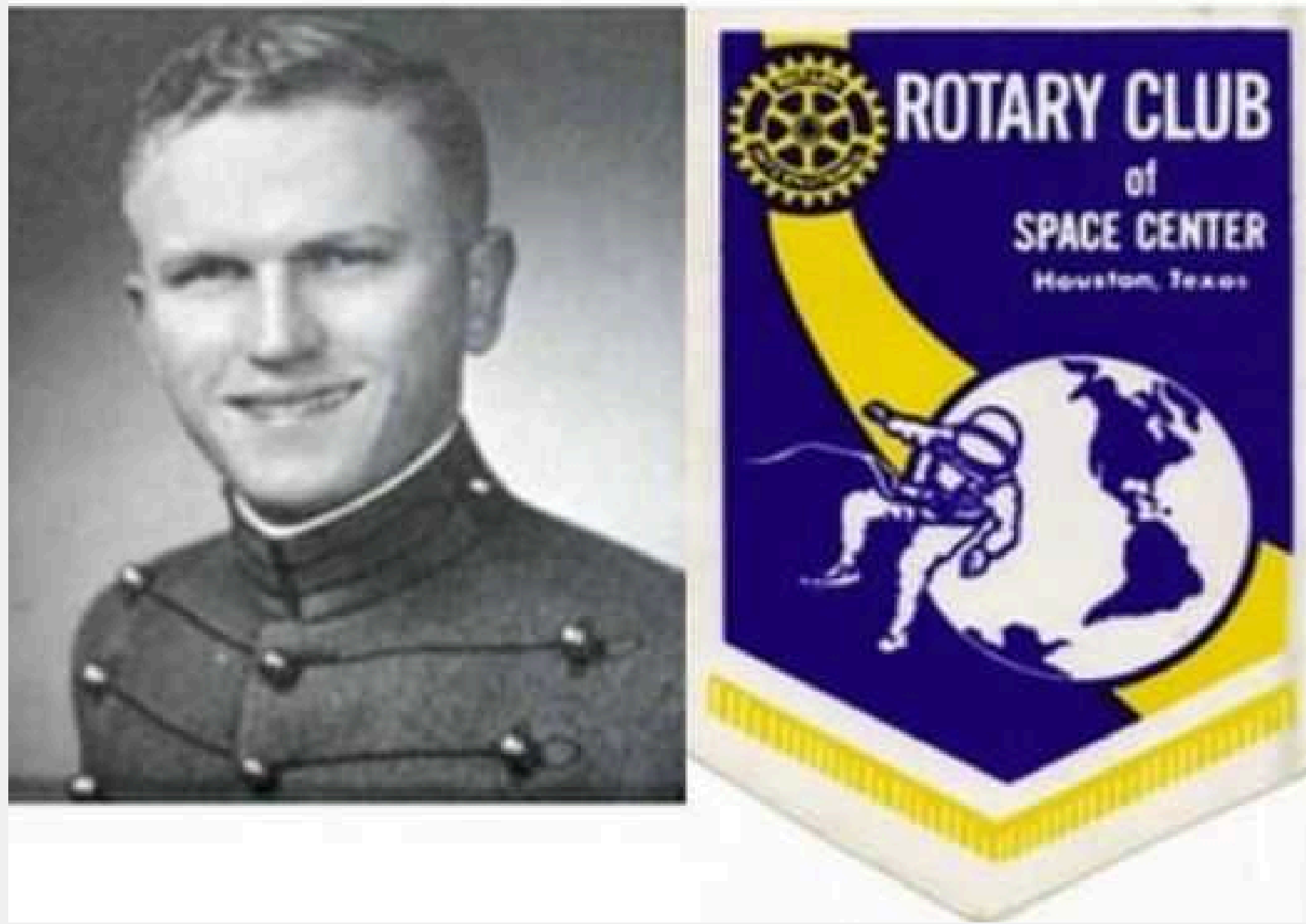
Club Assembly TBA	7th Jan 2025
Vocational Awards RSSK	22 Jan 2025
Plastic Surgery Camp D Y Patil Hospital, Kolhapur	23-25 Jan 2025

GLOBAL ROTARY AT A GLANCE

GREATEST DISTANCE A ROTARY CLUB BANNER WAS DISPLAYED

Astronaut Frank Borman, of the Rotary Club of Space Center, Houston, took a Rotary Club Banner on his Orbit around the Moon in Apollo 8. He had his Space Expedition between December 21-27, 1968.

Yes, Rotary has gone beyond the Horizon of the Earth!



GET IN TOUCH

ROTARY CLUB OF KOLHAPUR

WE MEET EVERY WEDNESDAY AT 5.30 PM

OFFICE: Smt. Kamal Govind Gundesha Hall, Madhav Prasad
Goenka Bhavan, Rotary Samaj Seva Kendra, Kolhapur
Facebook Page : [Rotary Kolhapur](#)

PHONE: 0231-2651444
EMAIL: rotarykolhapur@gmail.com
WEBSITE: www.rotarykolhapur.org

Rtn. Ela Mate
Bulletin Editor
elaamate@gmail.com

Rtn. Pradeep Pasmal
Joint Bulletin Editor
ppasmal4708@gmail.com

Rtn. Harshad Dhale
Bulletin Committee Member
rtn.harshad3170@gmail.com